

# Wyoming/Sullivan County Treatment Court Program



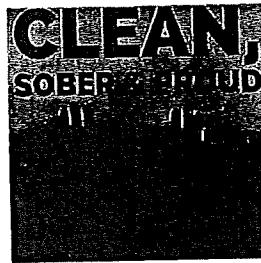
PARTICIPANT HANDBOOK

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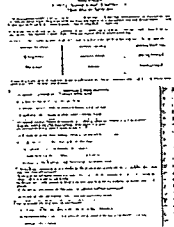
# What is Treatment Court?

## The Goal of Treatment Court.



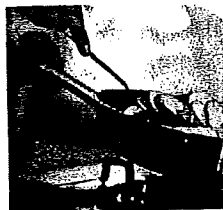
Treatment Court was created to help addicted people involved in the criminal justice system learn skills to combat their addictions and become happy and productive members of the community.

## How do you apply to Treatment Court?



After criminal charges are filed against you, you must have plea agreements with the prosecutor on all your open cases and they must be in writing. Then you or your lawyer can fill out a Treatment Court application and submit it to probation. You must do this before you enter a guilty plea. After your application is submitted, you will be interviewed by the Treatment Court Team.

## What happens after you're accepted into Treatment Court?



You will be scheduled to enter your plea and be sentenced. You must not violate any bail conditions, and you must continue with

# I've been sentenced to Treatment Court. Now what?

People, places and things - the company that you keep really matters.

Probation will tell you people you cannot hang around with, the places you cannot go and the things you cannot do. However, you must also choose to change your people, places and things on the road to recovery. If nothing ever changes, nothing ever changes!

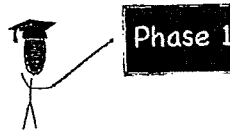
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*"The people that you associate with will either bring you up or bring you down."  
—Russell D. Shurtleff, President Judge*

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## Five Phases of Your Treatment Court

I'm in Phase I. What now?



## **My home is my castle.**

Your home must be approved by probation. Many times the home you had may not be the best place for you when you start Treatment Court. You may be told that you must live in the transitional apartment at first. This is to help you get a start on your new life without worrying about where you will live.

**Phase II and a frame! Oh boy!**

**PHASE II**

**I'm half way  
there! Phase  
III.**

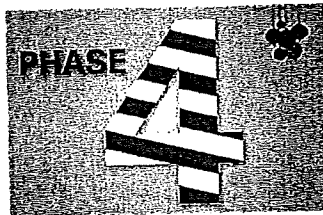
**phase 3**

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*"Trust is very easy to lose, but  
very hard to get back."*

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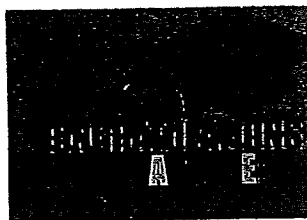
Can't believe I made it to Phase IV!



Phase V, and I'm actually going to  
graduate!

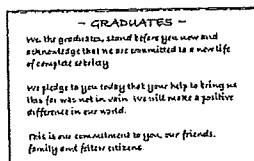


## What do I have to do to graduate?



To graduate, you must be clean & sober at least 9 months, complete all the requirements of each phase and have a job and acceptable housing.

## What happens after graduation?



After you graduate, we hope you will have all the tools to continue to live a clean & sober life on your own. By now you should be a productive member of society and be able to help others seeking recovery.

## Keeping in touch - Alumni Group.



Don't leave us hanging! Keep in touch and let us know how great you are doing. The Alumni Association is a great way to help others seeking recover and to continue to show pride in your own success.

# Balancing Treatment Court and Life.

## Employment. What work works for you?

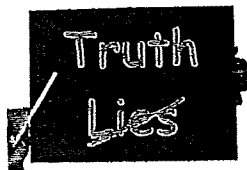
Your goal is to be self-sufficient. That means being able to support yourself. Treatment Court will expect you to be productive. This means having a full-time job, being a full-time homemaker, being a full-time student or being disabled. If you cannot find a job, you may be told to do community service or work at the Wood Yard until you find a job.

## The 12 Steps, Sponsors and Meetings.

The 12-Step Program is one of the most important parts of Treatment Court, and something that you will need to do for the rest of your life. You must have at least a temporary sponsor immediately, and you must get a permanent sponsor as soon as possible. Attending 12-Step meetings is required in Treatment Court. You must get your meeting sheets signed by the meeting chair and turn them in weekly to the treatment provider. If you don't attend meetings, don't turn in your meeting sheets or forge your meeting sheets, you will be sanctioned.



## Honesty is the best policy.



All the members of the Treatment Court Team are here to help you, believe it or not. If you are not honest with the Treatment Court, you will not have the benefit of all the resources that the Team can offer you. You will be sanctioned for lying, and you may even be terminated.

## Am I thinking like a criminal?



Are you doing the right thing for the right reasons? If you think that what you are about to do is wrong, then it probably is. Trust your instincts. You know that you have beat criminal thinking when you always do the right thing, even when no one is looking!

## My ticket to state prison.



You will be on the bus to state prison if you get new charges, if you flee from probation supervision or if you don't act like you want help, by getting sanctioned repeatedly and/or showing no progress in your recovery.

## My probation officer



Your probation officer is there to help you with your road to recovery. Although there are rules that you must follow on probation, and your probation officer must enforce these rules, if you need something or you are having a hard time, your probation officer is one of the first people you should contact, because they can help connect you to whatever you need.

## What am I supposed to get out of Treatment?

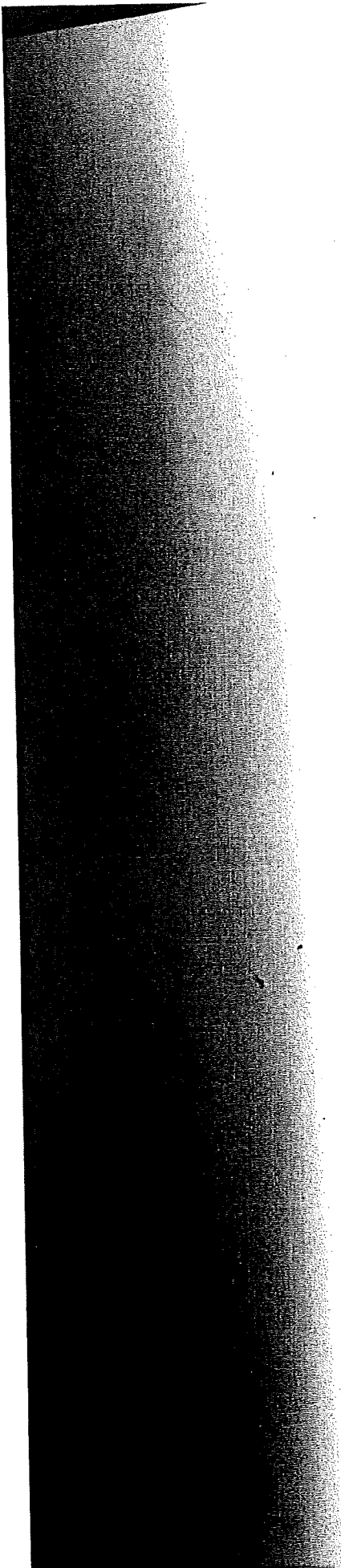


You will learn how to value yourself, examine your thoughts and feelings and be able to identify criminal thinking and triggers to relapse so you can use the tools you have in your toolbox to avoid going back to your previous way of life.

## Community Service – looking good!



It's time to turn the tables and give back to your community! We will ask you to sign a release, so we can brag about your success in pictures and videos. You will be expected to complete community service and take pride in your community.



## Time - It can be a curse or a privilege.

Counting time in a jail cell probably isn't going to help you, but time out from electronic monitoring or curfew can be a big deal if you earn the privilege. You can earn privileges by establishing trust and progressing in your program. If you have a special event or outing you'd like to attend, you can request that your probation officer give you permission to stay overnight, stay out past curfew or have a window out from your electronic monitoring. These privileges are usually for higher phases.

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## Incentives and Sanctions.

### Drug testing do's and don'ts.

You must call the random drug-testing number when you are told to call, and then go for a test at the hospital when your number comes up. If you don't, you will be sanctioned. Also, when probation tells you to provide a sample in a cup, you must do so, or you will be sanctioned. If your test comes up dilute or "unable to be tested", it is a hot test. *If probation asks* you to give blood, you must do so, but you only pay if it's hot. *If you* ask for a blood test, you must pay for it either way.

## Who we are:

Treatment Court is run by an interdisciplinary team from all the various aspects of the criminal justice system as well as treatment. Many of the team members donate their time. The unique composition of the team allows Treatment Court to offer participants with a wide range of resources to help them both during and after their time in Treatment Court. Please take advantage of these resources by reaching out to any team member if you need help with something.

## Contact Us

The best way to contact Treatment Court is through the Treatment Court Coordinator. The Treatment Court Coordinator for the Wyoming/Sullivan County Treatment Court Program is the Director of Probation Services for Wyoming and Sullivan Counties. The Coordinator can be reached by calling the Juvenile Probation Office in Wyoming County at (57) 836 3200.